



Caregiver Support Group.

This monthly group is designed for caregivers who need resources, education and emotional support. We invite anyone who is caring for someone with a disability or diagnosis that requires your support.

Each month, the topic and presenter will be different. All attendees will be given time to engage with peers who may be dealing with similar issues. Respite care will be provided as needed.

Every third Wednesday

3 - 5 p.m.

200 Mercy Oaks Dr. in Redding

RSVP is required the Monday prior to the meeting.

Call 530-226-3099 for more details.

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